

APA Style Guide

This APA style guide is intended to be a quick reference to the most common types of citations used in research papers. If an example of a citation is **not** given, please consult the *Publication Manual of the American Psychological Association* (7th ed.). One copy of the handbook is available at the Access Services Desk; another is located in the Reference Section (BF 76.7 .P83 2020). The library also provides access to *Academic Writer*, an excellent place to learn APA Style. If you have any questions, contact your instructor or a librarian.

General Principles

The editorial styles, rules or guidelines set forth by individual professors take precedence over guidelines in the *Publication Manual*. Here are some general principles to follow:

1. Leave margins of at least 1 in. on all sides of every page.
2. Double space the text, including the reference list
3. When listing the title of an article, book chapter or book in the reference list, *only capitalize* the first word, the first word after a colon or dash, and proper nouns, unless it is the title of a journal.

Stover, M. (1993). Library users anonymous: Help for the obsessive bibliophile.
American Libraries 24(4), 342-344.

4. When citing scholarly sources, such as journal articles and books, include the Digital Object Identifier (DOI) where possible using the following format: <http://doi.org/xxxxxxx>

In Text Citations and Paraphrasing

APA style prefers you paraphrase information from other sources, and that you keep direct quotations to a minimum. Paraphrases and summaries do not use quotation marks and require *the author's last name and year of publication*. The page number is not required for paraphrases and summaries.

When citing the paraphrased information in the body of the paper, use only the author's last name(s) and *do not include* the title of books or articles. The date must go directly after the author's name. There are three ways to cite in the text:

1. Stover (1993) uses humor to convey the value of libraries to society.
2. In one approach, humor was used to convey the value of libraries to society (Stover, 1993).
3. In his 1993 article, Stover uses humor to convey the value of libraries to society.

If you use a *direct quotation*, list the page numbers or chapters after the year:

In *The Living*, "the firs grew up so densely that women had to press down their skirts and move sideways between the trunks" (Costello, 1992, p. 692).

When the reference is to a work by *two authors*, cite both names each time the reference appears:

A recent study has found that first-generation college students are slightly less likely to graduate than second-generation college students (Pike & Kuh, 2008).

Pike & Kuh (2005) also noted several societal experiences that affected college success.

When citing a work by *three or more authors*, cite the first author's last name followed by et al. (meaning "and others") in the first and all subsequent reference. The only exceptions to this rule are when some confusion might result because of similar names or the same author being cited. In that case, cite enough authors so that the distinction is clear.

Patterns of Byzantine intrigue have long plagued the internal politics of community college administration in Texas (Douglas et al., 1997).

When the reference is to a work by a corporate author, use the name of the organization as the author.

Retired officers retain access to all of the university's educational and recreational facilities (Columbia University, 1987).

Personal letters, telephone calls, emails, and other material that cannot be retrieved are not listed in the reference list but are cited in the text.

J. Moore (personal communication, April 17, 1989) confirmed that the ideas...

Multiple citations

Parenthetical references may mention more than one work, particularly when ideas have been summarized after drawing from several sources.

List two or more works by the same author in order of the date of publication:

(Gould, 1987, 1989).

Differentiate works by the same author and with the same year of publication by adding an identifying letter to each date:

(Bloom, 1987a, 1987b).

List works by different authors in alphabetical order by last name, or the order in which they appear in the reference list, and use semicolons to separate the references:

(Gould, 1989; Smith, 1983; Tutwiler, 1989).

Work Discussed in a Secondary Source

In the text, name the original work followed by a citation for the secondary source:

In Seidenberg and McClelland's study (as cited in Coltheart, Curtis, Atkins, & Haller 1993), they found that...

In the reference list, list the secondary source that the original work was discussed in

Coltheart, M., Curtis, B., Atkins, P. & Haller, M. (1993). Models of reading aloud: Dual-route and parallel-distributed-processing approaches. *Psychological Review*, 100, 589-608.

Biblical References

APA guidelines concerning citing religious texts, such as the Bible, have changed significantly from the 6th edition. The reference should include the translation, chapter, and verse. Do not include a page number.

The person vowed to "set me as a seal upon thine heart" (*King James Bible*, 1769/2017, Song of Solomon 8:6)

In the reference list, include the original publication date of translation when possible

King James Bible (2017). King James Bible Online. <https://www.kingjamesbibleonline.org/> (Original work published 1769)

References

Publication Manual of the American Psychological Association (7th ed.). (2020). American Psychological Association.

Purdue Online Writing Lab (2019). *APA Formatting and Style Guide*.

https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_style_introduction.html

Format Aids

Examples in this guide are not fully double-spaced. Headers were also enlarged for improved readability. This was done to preserve space in the handout and authors should follow the APA manual when preparing manuscripts.

Reference List

General Formats (DOI = Digital object identifier)

Periodical with DOI	Author, A. A., Author B. B., & Author, C. C. (Year). Title of article. <i>Title of Periodical</i> , xx, pp-pp. https://doi.org/xxxxxx
Periodical if no DOI	Author, A. A., Author B. B., & Author, C. C. (Year). Title of article. <i>Title of Periodical</i> , xx, pp-pp. https://www.xxxxxxx
Book	Author, A. A., & Author B. B. (Year). <i>Title of work</i> . Publisher.
Book chapter	Author, A. A., & Author, B. B. (Year). Title of chapter. In A. Editor, & B. Editor (Eds.), <i>Title of book</i> (pp. xxx-xxx). Publisher.
Online document (website)	Author, A. A. (Year). <i>Title of work</i> . Site Name. https://www.xxxxxx

New to 7th Edition

1. When there are 21 or more authors, include the first 19 authors' names, insert an ellipsis, and then add the final author's name. Do not include an ampersand.
2. It is not necessary to note when you cited an audiobook or e-book version as long as the content is the same and the format was released at the same time as the print version.
3. When citing print journal articles, include a DOI or URL if one exists.

Examples

Books	
Single Author	Foster, R. J. (1994). <i>Prayers from the heart</i> . Harper San Francisco.
Multiple Authors	Beck, C., & Sales, B. (2001). <i>Family mediation: Facts, myths, and future prospects</i> . American Psychological Association.
	Ligon, M., Carpenter, K., Brown, W., & Milsop, A. (1983). <i>Computers in the world of business communications</i> . Capital Press.
Edited Book	Gibbs, J.T., & Huang, L. N. (Eds.). (1991). <i>Children of color: Psychological interventions with minority youth</i> . Jossey-Bass.
Revised edition of a book	Rosenthal, R. (1987). <i>Meta-analytic procedures for social research</i> (Rev. ed.). Sage.
Multivolume Edited Work	Koch, S. (Ed.). (1959-1963). <i>Psychology: A study of science</i> (Vols. 1-6). McGraw-Hill.
Book Chapter from edited book	Bjork, R. A. (1989). Retrieval inhibition as an adaptive mechanism in human memory. In H. L. Roediger III & F. I. M. Craik (Eds.), <i>Varieties of memory & consciousness</i> (pp. 309-330). Erlbaum.
Entry from a Dictionary, thesaurus, or encyclopedia	Graham, G. (2019). Behaviorism. In E. N. Zalta (Ed.) <i>The Stanford encyclopedia of philosophy</i> (Summer 2019 ed.) Stanford University. https://plato.stanford.edu/archives/sum2019/entries/behaviorism
Audiovisual Media	
Motion Picture	Scorsese, M. (Producer), & Lonergan, K. (Writer/Director). (2000). <i>You can count on me</i> [Film]. Paramount Pictures.
Single Episode from a Television Series	Egan, D. (Writer), & Alexander, J. (Director). (2006, January 10). Failure to communicate (Season 2, Episode 10) [TV series episode]. In D. Shore (Executive producer), <i>House</i> . Fox Broadcasting.
Music Recording	Beyonce (2016). Formation [Song]. On <i>Lemonade</i> . Parkwood; Columbia
Podcast	Bell, T. & Phillips, T. (Hosts). (2008, May 6). <i>A solar flare</i> [Audio podcast]. Science & NASA Podcast. http://science.nasa.gov/podcast.htm
TED Talk	Giertz, S. (2018, April). <i>Why you should make useless things</i> [Video]. TED Conferences. https://www.ted.com/talks/simone_giertz_why_you_should_make_useless_things
YouTube or Other Streaming Videos	Fogarty, M. [Grammar Girl]. (2016, September 30). <i>How to diagram a sentence (absolute basics)</i> [Video]. YouTube. https://www.youtube.com/watch?v=qm1xGfOZJc8

Periodicals	
Online Journal, with DOI	Terranova, A., Boxer, P., & Morris, A. (2008). Factors influencing the course of posttraumatic stress following a natural disaster: Children's reactions to Hurricane Katrina. <i>Journal of Applied Developmental Psychology, 30</i> (3), 344-355. https://doi.org/10.1016/j.appdev.2008.12.017
Magazine Article	Bustillos, M. (2013, March 19). On video games and storytelling: An interview with Tom Bissell. <i>The New Yorker</i> . https://www.newyorker.com/books/page-turner/on-video-games-and-storytelling-an-interview-with-tom-bissell
Newspaper Article	Guarino, B. (2017, December 4). How will humanity react to alien life? Psychologists have some predictions. <i>The Washington Post</i> . https://www.washingtonpost.com/news/science/wp/2017/12/04/how-will-humanity-react-to-alien-life-psychologists-have-some-predictions
Webpages	
Webpage with an Individual Author	Martin Lillie, C. M. (2016, December 29). <i>Be kind to yourself: How self-compassion can improve your resiliency</i> . Mayo Clinic. https://www.mayoclinic.org/healthy-lifestyle/adult-health/in-depth/self-compassion-can-improve-your-resiliency/art-20267193
Webpage with a Group Author	World Health Organization (2018, March). <i>Questions and answers on immunization and vaccine safety</i> . https://www.who.int/features/qa/84/en
Twitter & Instagram	White, B. [@BettyMWhite]. (2018, June 21). <i>I treasure every minute we spent together #koko</i> [Image attached] [Tweet]. Twitter. https://twitter.com/BettyMWhite/status/1009951892846227456
Facebook, Tumblr, LinkedIn, etc.	News From Science. (2018, June 26). <i>These frogs walk instead of hop</i> : https://scim.ag/2KlriwH [Video]. Facebook. https://www.facebook.com/ScienceNOW/videos/10155508557605108/
Miscellaneous	
Email, Interviews and Other Personal Communication	Use in-text citations only. Do not list in the Reference List. (V.G. Nguyen, personal communication, September 28, 1998)
Dissertation or Thesis from a Database	Scally, D. A. (2013). <i>Chihiro's journey: Re-imagining the heroic quest in the anime of Miyazaki Hayao</i> (Publication No. 3606271) [Doctoral dissertation, University of Texas at Dallas]. ProQuest Dissertations and Theses Global
Dissertation or Thesis not in a Database	Blair, L. (2011). The use of video game achievements to enhance player performance, self-efficacy, and motivation [Doctoral dissertation, University of Central Florida]. University of Central Florida's Showcase of Text, Archives, Research, & Scholarship. https://stars.library.ucf.edu/etd/1827/